

# Revitalise

Health and Beauty

- Massage
- Body Treatments
- Waxing
- Dermalogica Facials
- Hand and Foot treatments
- Eye Treatments

Hilton Hotel  
Bagshot Road  
Bracknell  
RG12 0QJ

GYM MEMBERS  
10% OFF

## Massage

**Full body deep tissue massage** 60 minutes £50

**Back neck and shoulders** 30 minutes £30  
An in-depth massage to ease away muscular aches and tension, improving flexibility and aiding relaxation.

**Legs and feet massage** 20 minutes £15

Relieve tension and muscle pain with this deep tissue massage to the legs and feet.

**Aromatherapy full body massage** 75 minutes £60

**Back neck and shoulders** 40 minutes £40

A relaxing pressure point massage using essential oils to restore balance and help alleviate stress. Full body includes face and scalp.

**Indian Head Massage** 25 minutes £25

This ancient massage technique relieves the prime tension spots across your back, shoulders, neck, head and face.

**Reflexology** 45 minutes £35

A holistic treatment to the feet using pressure point massage to help restore your own feeling of well being.

**Mum to be pamper Massage** 90 minutes £65

This massage soothes away aches and pains for mum's to be. Your treatment begins with a relaxing back massage followed by a mini facial and arms and legs massage.

## Dermalogica Facials

**Environmental control facial** 30 minutes £30  
A soothing treatment for sensitive skin to calm redness and reduce inflammation.

**Medicated clearing facial** 45 minutes £40  
our medicated clearing treatment for acneic skin will focus on purifying your skin to reduce blemishes, whilst soothing redness and inflammation. Helps to balance and control this skin condition.

**Prescriptive facial** 30 minutes £30  
60 minutes £50

Suitable for all skin types, this facial is customised to each individual client to treat your skin needs.

**Exclusive facial** 75 minutes £60  
This treatment starts off with a relaxing back massage followed by a customised facial to treat your skin needs.

## Eye treatments

**Eye lash tinting** 20 minutes £10  
Black, blue/black, blue or brown

**Eyebrow tinting** 10 minutes £10  
black or brown

**Eye lash and Eyebrow tint** 25 minutes £15  
please note: A skin allergy test is required 24 hours prior to appointment for the first tinting

## Body Treatments

**Body scrub** 30 minutes £20

This treatment removes dull, dry skin with exfoliation, finishing with a light moisturiser leaving your skin feeling soft, smooth and refreshed.

**Hydrating Back wrap** 45 minutes £40

A soothing and hydrating treatment for the back. Honey and wheat protein hydrates, while wasabi, ginger and white tea stimulate the blood circulation. Olive and grape seed smooth and provide antioxidant protection. Includes a cleanse, exfoliation, massage, mask and moisturise

**Enzymatic sea mud back wrap** 45 minutes £40

Detoxify, exfoliate and nourish with a purifying seaweed and mineral mud pack to the back. Ginger and white tea stimulates circulation whilst smoothing the skin. Includes a cleanse, exfoliation, massage, mask and moisturise.

## Waxing

**Eyebrows** 10 minutes £10

**Lip and Chin** 10 minutes £10

**Eyebrows and lip and chin** 20 minutes £15

**Under arm** 10 minutes £10

**Forearms** 25 minutes £20

**Half leg** 20 minutes £15

**Three quarter leg** 30 minutes £20

**Full leg** 40 minutes £25

**Full leg and Bikini** 60 minutes £35

**Back or Chest wax** 40 minutes £25

**Bikini** 15 minutes £15

**Brazilian bikini** 20 minutes £20

## Hand and Foot treatments

**Manicure** 30 minutes £25

**Pedicure** 45 minutes £30

Add an extra 15 minutes for a French polish £5 extra

Manicure/Pedicure includes shaping of the nails, cuticle treatment, exfoliation, massage and nail colour of your choice.

**shape and polish** 15 minutes £10

## Gift Vouchers available

### Everyone welcome

Please allow 24 hours notice for cancellations to avoid being charged

A deposit is required for treatments over 2 hours

## Opening hours

Monday 10am to 6pm  
Tuesday 10am to 9pm  
Wednesday 10am to 6pm  
Thursday 10am to 9pm  
Friday 10am to 6pm  
Saturday 10am to 6pm  
Sunday 10am to 4pm

Tel: 01344 307217  
www.revitalisespa.co.uk