

## antipasti platters *(to share or as a main course)*

### mixed platter **£14.95**

smoked salmon, lemon butterfly gambas, sliced prosciutto ham, salami, beef bresaola, spiced arrabiata meatballs, rocket salad with parmesan, sundried tomato and balsamico dressing served with a fresh selection of bread

## starters

### ✓ soup **£4.95**

Jerusalem artichoke and butter bean soup with white truffle oil

### ✓ goats cheese **£5.25**

warm grilled goats cheese on pita with confit onion jam and herb leaf salad

### ✓ cypriot cheese **£5.95**

warm grilled Halloumi served with herb leaf salad

### ✓ tomato mozzarella salad **£5.25**

plum tomato and buffalo mozzarella salad with basil pesto

### ✓ risotto **£5.25**

creamy roast butternut squash risotto with micro cress and basil oil

### meatballs **£6.25**

spicy meatballs in an arrabiata sauce served with crusty bread

### scallops **£8.15**

seared scallops with lemon dressed leaves and a rich beurre blanc sauce

### chicken livers **£5.95**

flamed in red wine with aged olive oil and balsamic reduction

### serrano ham **£6.40**

Serrano ham, herb leaf salad romesco sauce and Tomato Bread

### gambas **£7.25**

grilled gambas on a warm zucchini salad served with garlic and herb butter

## pasta and bakes

choice of penne, rigatoni or fusilli with a choice of Bolognese, carbonara, ,tomato & basil or pesto sauce **£11.95**

### classic beef lasagne bake **£12.95**

home made classic layered lasagne bake and green salad

### moussaka bake **£11.95**

home made lamb and grilled aubergine moussaka with classic greek salad

### sea food linguini **£13.95**

linguini pasta in a garlic and herb cream with oak smoked salmon and crayfish

## salads

### caesar salad **£11.50**

✓ traditional caesar salad served with parmesan and toasted garlic croutes

why not add:

chicken **£13.50**

salmon **£13.50**

### tuna nicoise salad **£12.50**

classic nicoise salad with flaked tuna, olives green beans, potatoes, boiled egg and tomatoes

### ✓ mediterranean grill summer salad **£9.95**

tossed salad of artichoke, grilled asparagus, rocket leaves, sunblushed tomatoes, pinenuts flaked goat cheese topped with grain mustard dressing



this logo indicates dishes where Med Grill will donate £1 to Hilton Foundation on your behalf [www.hilton-foundation.org.uk](http://www.hilton-foundation.org.uk)

## grills



### t-bone steak (250g) **£22.95**

garlic and chilli infused t-bone steak with med grill style sautéed potatoes, vine blistered roma tomatoes and bar-marked asparagus

### sirloin steak (220g) **£19.95**

grilled sirloin steak with med grill style sautéed potatoes, vine blistered roma tomatoes and bar-marked asparagus

### maize fed chicken **£15.95**

lime and tarragon infused chicken with med grill style sautéed potatoes, vine blistered roma tomatoes and bar-marked asparagus

### rump of lamb **£18.95**

rump of lamb with med grill style sautéed potatoes, vine blistered roma tomatoes and bar-marked asparagus and rosemary jus

### sea bass **£17.95**

grilled fillet of sea bass with saffron rice, tian of mediterranean vegetables and red pepper essence

## mains

### duck **£15.95**

confit leg of duck on boulangere potatoes with braised leeks, sautéed courgettes and gooseberry liquor

### monkfish **£17.95**

medallions of monkfish wrapped in pancetta with a cassoulet of beans, wilted spinach, buttered sugar snaps and a rich beurre blanc

### ✓ vegetable tagine **£12.95**

vegetable style tagine cooked with red peppers, courgette, aubergine, bean, coriander, tomato and saffron served with fragrant middle eastern rice

### 3 ways calamari **£15.95**

calamari dusted with crushed black pepper and sea salt, coated with breadcrumbs and pan fried topped with chilli flakes served on a warm tabouleh lashed with red pepper coulis

## pizza

### ✓ pizza margherita basilico **£10.95**

classic italian pizza with mozzarella, tomato and fresh basil

### pizza morgano **£11.50**

grilled chicken, tomato, mozzarella, brie and confit of red onions

### pizza caprino **£12.50**

tomato sauce, mozzarella cheese, meatballs, confit of red onions, roasted peppers and shaved parmesan

### pizza roma **£11.95**

tomato, mozzarella, grilled aubergine, rocket, parmesan, pesto and serrano ham

### pizza mediterranean **£12.50**

chorizo sausage, green and red bell peppers, spring onion, chopped tomatoes, torn basil and mozzarella

### pizza funghi **£12.50**

woodland mushrooms, grilled artichokes, tomato, kalamata olives, mozzarella drizzled with white truffle oil

### ✓ pizza med grill **£12.95**

garlic and chilli infused strips of rib eye steak, caramelised button onions, bar-marked peppers and mozzarella

### pizza marinara **£13.50**

med grill style gambas and calamari, roast garlic, tomato, and mozzarella

### fresh bread **£2.95**

basket of continental freshly cooked bread

### garlic and cheese pizza bread **£3.95**

thin base pizza with garlic and rosemary butter baked with a mozzarella topping

### garlic pizza bread **£3.20**

thin base pizza baked with garlic and rosemary butter

### olives from the counter **£2.25**

marinated olives from our deli counter

## sides

### fresh green salad **£1.95**

chips with parmesan and truffle oil **£2.95**

greek salad **£1.95**

### peppercorn sauce **£1.95**

creamy mushroom sauce **£1.95**

béarnaise sauce **£1.95**

hollandaise sauce **£1.95**