



Wakka Spa  
GREEN SEASON MENU



Wakka Spa  
**Hilton Niseko Village**  
Higashiyama-Onsen, Niseko-cho, Abuta-gun, Hokkaido 048-1592  
TEL: 0136-44-1111 FAX: 0136-44-3224  
OPEN DAILY: Weekdays 14:00-23:00 Weekends & Holidays 11:00-23:00



Wakka Spa

## Wakka Spa Experience

### HARMONY...

A spa existing in harmony with Niseko traditional culture.

This is the time to forget your cares.

Unwind under the attention of our skilled therapists, and gently free your mind.

If you're tired, take this time to drop off for moment.

Be enticed by the dreamlike state the Ainu call "wepekere",  
like a child fast asleep, in this safe haven.

### WAKKA...

"Wakka" means "water" in the Ainu language.

A spa strives to use various essences of nature such as water, air, vegetation, sunlight,  
and rocks to relieve stress, and restore balance between body and mind.

Serene sounds of nature.

Slow and steady breathing.

Spiritual balance via Ainu herbs and rituals.

It is Wakka Spa's wish that while enjoying the warm welcome of the therapists,  
you are as fulfilled as Niseko vegetation is by the energy of May sunlight.

### NATURE...

The Ainu believe that everything in this world is the embodiment of the gods,  
and each has its own unique personality just like humans.

They don't say a tree is "growing" they say it is "sitting" like a human.

With its role as tree determined by the gods, the tree is waiting for its chance to be of service to us.

As a tree, this is the concept of values embraced through the ages by the Ainu people.

We have prepared rituals so that you, too, may experience the power of such trees.

It's time to open your five senses and experience the energy of nature

### ZEN RITUAL...

Before beginning a Nature Zen ritual any treatment,  
first sink into a chair made of materials embodying the energy of the Hokkaido trees from  
which it was crafted, and center yourself through deep, abdominal breathing.

The serene tones of a bell indicate the end of the treatment.

Recharge with the natural energy acquired from sight, sound, touch and fragrance.

### TOPENI...

Wakka Spa welcomes you with a white birch sap-based beverage upon your arrival.

Enjoy the delicate sweetness of the drink the Ainu call "topeni".

Recharge with natural energy found in its exquisite flavor, fragrance and appearance.

# Wakka Spa Body Menu



Wakka Spa  
45min ¥13,950

## ■Express SHI-ZEN Body

This body treatment is suitable for on-the-go guests. We will focus on your back where tension is most often accumulated.

## ■SHI-ZEN Mind Balancing Body 60min ¥15,950/90min ¥19,950/120min ¥25,950

Using soft sweeping strokes, deep pressure and special techniques, this overall body balancing experience stimulates "qi", your internal energy channels to harmonize body, mind and spirit from within. Balancing your "qi" level will leave you in a state of complete ZEN.

## ■Inner Vital Body Therapy 60min ¥16,950/90min ¥20,950/120min ¥26,950

Experience the mysteries of the exotic orient. Based on the Japanese traditional massage of Shiatsu, this signature treatment features a quintessentially oriental "Deep Pressure".

## ■Hokkaido Mena River Hot Stone Body 60min ¥17,950/90min ¥21,950

Placing the heated stones from Mena River in Hokkaido with relaxing aromatherapy oils on the body. Arranging them along from the energy centers and energy lines of the body will help to relax the muscles and reduce pain or discomfort, boosting the healing process to sooth.

## ■After Sports Back Therapy 60min ¥16,950

These specialized therapeutic techniques will concentrate on your shoulders, neck and lower back to ease away the aches, pains and stress from your active day.

## ■After Sports Leg Therapy 60min ¥16,950

These specialized therapeutic techniques will concentrate on your entire legs to ease away the aches, pains and stress from your active day.

## ■After Sports Body Therapy 90min ¥20,950

This thraputic treatment is to achieve effective deep tissue treatment based on Asian theory for specific muscles along with therapist's forearms and elbows.

## 【OPTION Only】

### ●Warm Body Oil + ¥1,500

This aromatic body treatment uses warmed oil to help melt away your stress.

### ●SUNDĀRI Ayurvedic Oil + ¥2,000

This treatment will guide you to experience Ayurvedic inspiration with SUNDĀRI Ayurvedic Oil.



# Wakka Spa Body Care Menu



Wakka Spa  
60min ¥16,950

## ■Wakka Body Scrub

A natural scrub with Wakka Spa originally blended herbs and aromatic oils will exfoliate old layers of skin, gently leaving your skin soft and refreshed.

## ■Wakka Body Scrub & Mask

90min ¥21,950

After your body is gently exfoliated from top to toe with natural scrub, we apply soothing and nourishing body mask to stimulate your flow within and leave your skin glowing.

## ■SUNDĀRI Healing Body Polish

60min ¥17,950

After our welcome back massage aromatic oil, gently exfoliate—with a soothing treatment ideal for sensitive skin. Finely ground Date Seeds, Jojoba spheres and Pumpkin enzymes polish away dead cells, renewing skin. A layer of antioxidant-rich Neem and Blood Orange body lotion moisturizes, leaving the body nourished, protected.

## ■SUNDĀRI Healing Body Package

90min ¥23,950

A complete detoxifying experience for mind and body. This Ayurvedic-inspired therapy layers healing and cleansing ingredients to purify skin in stages: first our welcoming back massage; then full-body exfoliation with our Neem and Date Seed body scrub; aromatic oil massage; and a nourishing therapeutic mask.

## 【OPTION Only】

### ●Body Parts Polish

15min ¥4,950

Decollete & Shoulder / Foot & Leg / Hand & Arm / Back

Choose your preferred emphasis and allow this gentle exfoliation will sweep away tension in short time.



# Wakka Spa Facial Menu



Wakka Spa  
45min ¥13,950

## ■Express Aroma Facial

This facial treatment is suitable for on-the-go guests. Enjoy a relaxing facial with a wonderfully pure aroma.

## ■Wakka Aroma Facial

This relaxing facial based on the influential art of Aromatherapy will help balance your skin with nourishing Argand'Or, renewing aromatic oil.

## ■Advanced Aroma Facial

This advanced anti-aging facial will help enhance your natural skin glow while experiencing a luxurious face massage. Using nourishing aromatherapy oil will help leave your skin soft and feeling invigorated.

## ■Express SUNDĀRI Facial

A shortened version of SUNDĀRI Facial is suitable for on-the-go guests.

## ■The SUNDĀRI Facial

Reawaken and rejuvenate skin—with a holistic facial customized for your skin's specific needs. Naturally active ingredients are custom-blended for intensive exfoliation and renewal; our signature Marmassage (pressure point stimulation) completes the experience, for newly radiant skin.

## ■Signature SUNDĀRI Facial

Enjoy a customized SUNDĀRI facial, followed with a deluxe facial mask and scalp massage.

## ■SUNDĀRI Healing Facial

Soothe and purify even the most delicate skin—by sharing the benefits of Neem, known in India as the "pharmacy tree." Extracts of the plant combine with soothing oils and our signature Marmassage to heal, hydrate and firm—restoring sensitive or irritated skin to strength and its youthful glow.

## ■Men's Wakka Aroma Facial

This facial is designed specifically for the special skin care needs of men, controlling skin oil balance, while experiencing a relaxing facial massage.

## ■Men's SUNDĀRI Facial

A targeted treatment for the unique needs of men's skin—using the healing power of Neem. Keeps skin fit with enzyme exfoliation; soothes and heals shaving rash with Neem- and Avocado-based moisturizers; leaves skin cleansed, soothed, fresh.

60min ¥15,950

90min ¥19,950

45min ¥14,950

60min ¥16,950

75min ¥19,950

90min ¥22,950

60min ¥15,950

60min ¥16,950



# Wakka Spa Facial Menu



Wakka Spa

## 【OPTION Only】

### ●Hydrating Facial Mask

+ ¥1,200

This facial mask will help hydrate and nourish your skin leaving it feeling refreshed and rejuvenated.

### ●Cleansing Care

15min ¥3,000

This make-up removal will help ease your tension during your favorite spa treatment.

### ●SUNDĀRI Facial Scrub

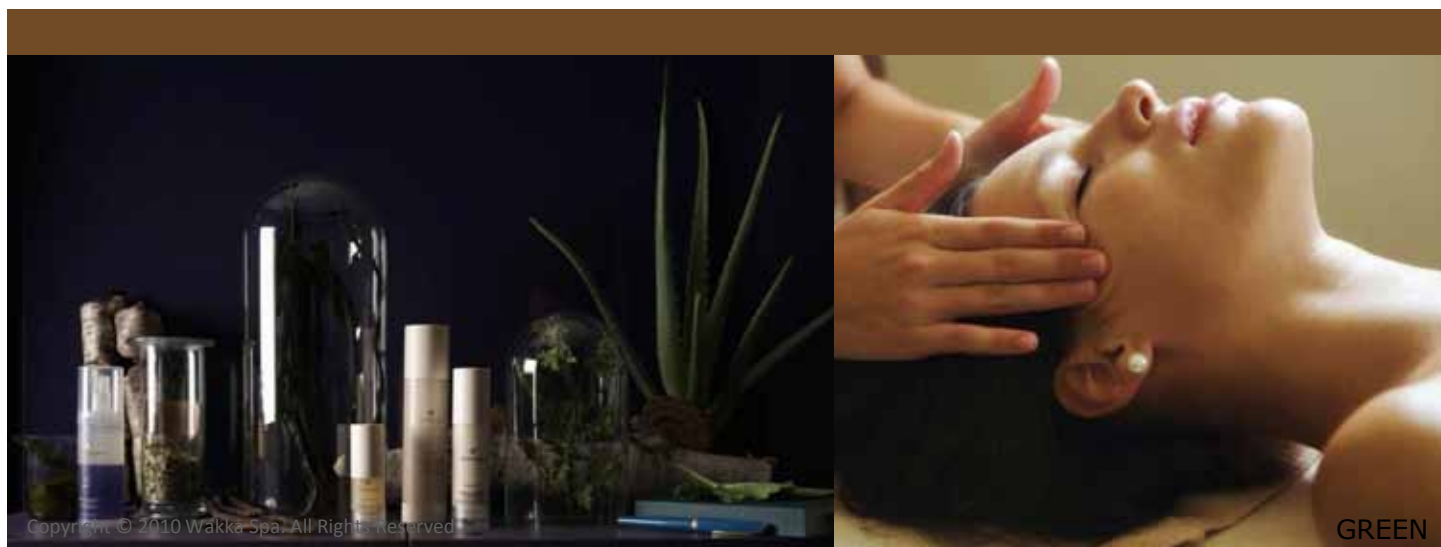
15min ¥3,500

An exfoliation with a natural scrub will leave your skin feeling soft and smooth.

### ●Eye Care

15min ¥3,500

This scalp and eye area massage will help reduce fatigue while firming up the eye area.



## Wakka Spa Head & Foot Menu



Wakka Spa  
45min ¥12,950

### ■Meditated Scalp

This soft and loving treatment will release tension from your head and face by stimulating trigger points to refresh inside and out.

### ■Rejuvenating Foot Reflexology

Stimulate reflexology "points" in your feet that relate to specific areas of your body, and regain complete comfort for your whole body and mind.

45min ¥12,950

## 【OPTION Only】

### ● Warm Oil-free Head Essential Liquid

Using warmed, Non-greasy head oil during while your relaxing head massage.

+ ¥1,000

### ●SUNDĀRI Warm Head Oil

Using warmed SUNDĀRI head oil during your relaxing head massage.

+ ¥1,500

### ●Mini Scalp

Release tension from your head and experience deep relaxation.

30min ¥9,950

### ●Mini Foot Reflexology

A great treatment for those suffering from fatigued legs and feet.

30min ¥9,950

## Wakka Spa Hydro Menu



Wakka Spa

### ●Seasonal HINOKI Bath Ritual

Enjoy the traditional Japanese bathing ritual in Wakka Spa luxurious private HINOKI bath. Heating from the HINOKI bath will relieve muscular tension and boost circulation. Seasonal Ainu herbs will be added as an essence of aromatic HINOKI to soothe your body and mind.

30min ¥9,950

### ●Ainu Herbal Steam

Purifying Ainu herbal steam will assist in the detoxifying process and leave you feeling fresh and revitalized inside and out.

30min ¥9,950



# Wakka Spa Signature Package Menu



Wakka Spa  
90min ¥23,950

## ■Wakka Package

SHI-ZEN Balancing Body<Mini Facial

## ■Wakka Signature

SHI-ZEN Balancing Body<Scalp

90min ¥23,950

## ■SHI-ZEN Ritual

Ainu Herbal Steam<SHI-ZEN Balancing Body<Rejuvenating Foot Reflexology

120min ¥31,950

## ■Wakka Signature by SUNDĀRI

SUNDĀRI Body Scrub &Wrap<Mini SUNDĀRI Facial

120min ¥32,950

## ■Jet Lag Relax

Hokkaido Mena River Hot Stone Body<Wakka Aroma Facial<HINOKI Bath

150min ¥39,950

## ■Heavenly ZEN

SHI-ZEN Balancing Body<Meditated Scalp<Wakka Aroma Facial

150min ¥39,950

## ■After Golf Escape / After Ski Escape

After Sports Body Therapy<Foot Reflexology<Scalp<HINOKI Bath

180min ¥46,950

## ■Jet Lag Restore

Wakka Body Polish<Inner Vital Body Therapy<HINOKI Bath

180min ¥47,950

## ■Men's Treat

Body<Men's Facial

120min ¥31,950

## ■Men's Signature Package

Inner Vital Body<Body Polish<Mini Facial

150min ¥39,950

## ■Men's Relaxing Package

Body<Scalp<Mini Facial<Rejuvenating Foot Reflexology

180min ¥46,950

